



Helen Hamilton

(Commercial Art Curriculum)

After I graduated from Cass, I went to Murray State College, in Kentucky. (My family had moved to Tennessee.) I taught Junior High Art for three years in Missouri and Memphis, traveled with the musical show *Up With People* for a year, and then went to Los Angeles to work on PACE, a magazine put out by the same



organization. I discovered that the graphic arts was my niche in the art field.

After 2 ½ years in Los Angeles, I moved to the New York/ New Jersey area continuing in the publishing field. Altogether I was a graphic artist for 25 years and for 17 of those years I freelanced.

I also had a house in New Jersey for 18 years which I shared with many other people. I enjoyed the extra income, but I also enjoyed the company of all of the different people. Whoever was living there at the time ended up becoming like an extended family. There were usually three or four other people besides me at any given time. The young woman who stayed the longest stayed for eight years.

While I had my house I had two cats--half Siamese--who were brother and sister. They also were like family--like my children. (I was often amazed at how much we were able to communicate with each other. In his later years (he lived to be 19), the male especially seemed to be able to understand what I was telling him.)

Currently, I'm one of the Directors at the Maharishi Invincibility Center in Summit, NJ--about half an hour from where I've been living for the last three years. In addition to offering instruction in the Transcendental Meditation® program we also sell Maharishi Ayurvedic Herbal Products and organic cotton clothing. In the photo is the woman I work with (who originally was from the Dominican Republic).

I'm still single and have no desire to be otherwise. I absolutely love my independence! I now live on the third floor of a three family house and my great joy, in addition to my work, is my little garden in the back of the house.



When things settle down more (or maybe when I retire, if I ever do!), I would like to continue writing a memoir about the six months that my nephew lived with me when he was twelve (he's 28 now).

My life is happily busy. I enjoy my work, my home, my friends and the phone calls to Florida or Michigan to talk with my sister. I'm very contented and fulfilled.